

MEMO TO: 23rd Annual IRP Wool Capital Competitor

SUBJECT: Confirmation Notice of Entry and Packet Pick-up for the **23rd Annual IRP Wool Capital Triathlon, the oldest Olympic Distance Triathlon in Texas.**

Welcome to the 23rd Annual IRP Wool Capital Triathlon, **Sunday, August 8, 2010**

Here are some important tips to make your racing experience safe, enjoyable and easy:

1. Be sure to have your **USA TRIATHLON LICENSE** with you at packet pick-up or be prepared to pay **\$10.00** for a one-day membership. **USAT also requires all competitors MUST pick up their own packet.** This is a USA Triathlon sanctioned event, **no exceptions!!**
2. Packet pick-up will be at the host hotel, **La Quinta** of San Angelo **(325) 949-0515**, 2307 Loop 306 at Knickerbocker Road on Saturday, August 7 **from 2 PM until 8 PM. There will be NO packet pick-up on race day.** Failure to pick up your packet by this last time **will result** in your disqualification.
3. There is a **mandatory** bike and helmet inspection for this race. These inspections will be conducted at the following bike shops during normal business hours beginning **July 18, 2010:**

In the Dallas/Ft. Worth Metroplex: Thru August 7th:

Richardson Bike Mart (3 locations Richardson, Frisco & Dallas) 972-231-3993

Bicycles, Inc (4 locations Bedford, Arlington, Ft. Worth & South Lake) 817-268-6572

Rockwall Cycling (Rockwall TX) 972-771-8297

Bicycles Plus (Flower Mound, TX) 214-513-2604

In Austin: Jack & Adam's Bicycles, Austin, 512-472-5646

In Austin: Nelo's Pro Cycles, 512-338-0505

In Austin: Austin Tri-Cyclist, 512-494-9252

In Boerne: Gotta Ride Bikes, 830-755-8039

In Houston: Bikesport Houston 713-850-0250

In San Angelo: Randy's Bike & Run, 325-655-1605

In College Station, TX: Aggieland Cycling 979-696-9490

In Midland, TX: Peyton's Bicycles, 915-699-1718

In Abilene, TX: Biketown, 325-677-2453

La Quinta Hotel **Saturday only, August 7th from 2-8PM**

5. **There will be a mandatory pre-race meeting for all competitors at 6:45 PM on Saturday, August 7th. There will also be a brief pre-race meeting for all competitors at 7:15AM on Sunday Morning, August 8th.**

6. This is a very strenuous athletic event. Competitors should be adequately trained and conditioned to safely complete this event. If you are sick or have not sufficiently trained for this

event, you should consider withdrawing and not competing. **There is a mandatory 4 1/2 hour cut off. Athletes failing to finish in that time will be removed from the course.**

7. The race will begin at **7:30 AM** with up to **4 waves**. Waves will be posted at packet pick-up. **Wet Suits are NOT allowed!** The water temperature is 82-85 degrees.

8. Finally, have a good safe race. Let's race hard but friendly. Good sportsmanship is still the name of the game

Yours In Sport,

Jack Weiss
RACE DIRECTOR