

*Without the support of these
sponsors, this event would
not take place*

Ironhead Race Productions

Run-FAR Racing Services

Richardson Bike Mart

C-Me Sports

Bicycles Inc

CompuTrainer

USAT South Midwest

Texas Motor Speedway

Texas Runner & Triathlete

Dr. Lezlie Maloy, DC

Gatorade Endurance

**Spring Valley Spine &
SportsCare**

28th Annual

Frost Yer Fanny @ Texas Motor Speedway Sprint Duathlon



USAT South Midwest Regional Championship

Collegiate Point Event

**Texas Motor Speedway
Fort Worth, TX**

February 19, 2012



**PO Box 1113
Euless, TX 76039-1113**

**2012 Frost Yer Fanny
@ Texas Motor Speedway
Sprint Duathlon
Official Entry Form**

Last Name

First Name

Street

City State

Zip Code Sex M F

Phone

DOB (mm/dd/yy) Age(12/31/12)

email

(email address required for confirmation & race updates)

USAT Number

Clydesdale/Athena Weight

For relay entries, please go to:

www.signmeup.com/78387

**USA Triathlon Fee payable
only at Packet Pickup**

Online Registration available at Ironhead
Race Productions Website

or

Make Checks Payable to:
Ironhead Race Productions

PO Box 1113, Euless, TX 76039-1113

Office Use Only	Date Rcv'd
Chk#	Pkt Out



Frost Yer Fanny @Texas Motor Speedway Sprint Duathlon
2mi Run - 15mi Bike - 2mi Run

WHEN

8:30 am Sunday, February 19, 2012

WHERE

Texas Motor Speedway, Fort Worth, TX

AWARDS

1st Overall Male/Female, 1st Male/Female Masters,
1st Male/Female Grand Masters, 13-15, 16-19, 20-24,
25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64,
65-69, 70-74, 75-79, 80+, Clydesdale, Athena
Awards based on size of age group as of Monday of race
week.

EARLY (DISCOUNT) ENTRY FEE

Thru February 5, 2012:
Individual \$50.00

February 6-15, 2012:
Individuals \$60.00

February 16-18, 2012 (at Packet Pick-up):
Individuals \$75.00

ABSOLUTELY NO REFUNDS OR TRANSFERS
NO Race Day Registration or Packet Pick-up.
Relay Teams-Online Registration Only

ALL PARTICIPANTS

Receive a distinctive Event T-shirt

CPSC Approved Bicycle Helmet REQUIRED



AREA HOTEL

Dallas/Ft Worth Marriott Solana
5 Village Circle
West Lake, TX 76262

(817) 430-5000

Ask for Ironhead Rates

PACKET PICKUP/LATE REGISTRATION

February 16: noon-6:30pm at
Richardson Bike Mart
1451 W. Campbell Rd.
Richardson, TX

(972) 231-3993

February 17-18: 11am-5pm at
Event Expo
Dallas/Ft Worth Marriott Solana
5 Village Circle
West Lake, TX 76262

(817) 430-5000

**USA TRIATHLON
MEMBERSHIP**

This is a USA Triathlon
sanctioned event and all
participants must hold an
annual membership or a
single day permit.
Annual Fee \$39.00, One Day Permit \$10.00



SANCTIONED EVENT

**USAT Memberships are available at
packet pick-up only. Do not mail with
entry fee.**

Information Hotline: (817) 707-0500
On the web @ www.ironheadrp.com