

## **MEMO TO: Metroplex Sprint Competitor**

### **SUBJECT: Confirmation of Entry and Packet Pick-up Instructions**

Welcome to the 17<sup>th</sup> Annual Metroplex Sprint Triathlon, Joe Pool Lake on **June 9 & 10, 2012**. Here are some important tips to make your racing experience enjoyable, safe and easy:

1. Be sure to have your **USA TRIATHLON LICENSE** with you at packet pick-up or be prepared to pay a \$12.00 one-day membership fee. **USAT also requires all competitors MUST pick up their own packet.** This is a USA Triathlon sanctioned race, **no exceptions!**

2. Packet pick-up will be at **BICYCLES, INC.** at 5937 SW. Green Oaks Blvd, Arlington, TX on June 7<sup>th</sup> from 1-6 PM, **RICHARDSON BIKE MART** at 1451 W. Campbell on Friday, June 8 from 11AM until 7PM. The **final** packet pick-up will be at the **Lynn Creek Park @ Joe Pool Lake**, 5700 Lake Ridge Parkway, Grand Prairie on Saturday, June 9 from 1PM until 6PM **for the SUNDAY Race Only.** **There is NO packet pick-up on race day.** Failure to pick up your packet by this last time **will result** in your **disqualification** and there are **no refunds.**

3. There is a **mandatory** bike and helmet inspection for this race. These inspections will be conducted at the following bike shops during normal business hours beginning **May 21, 2012:**

#### **In the Dallas/Ft. Worth Metroplex: Through June 9<sup>th</sup>:**

Richardson Bike Mart (3 locations Richardson, Frisco & Dallas) 972-231-3993

Ft. Worth Cycling & Fitness (3315 Cherry Lane, Ft. Worth) 817-244-7911

Rockwall Cycling (Rockwall TX) 972-771-8297

Bicycles Plus (Flower Mound TX) 214-513-2604

Bicycles, Inc (4 locations Keller, Bedford, Arlington & Ft. Worth) 817-268-6572

**In Austin:** Nelo's Pro Cycles, 512-338-0505

**In Austin:** Austin Tri-Cyclist, 512-494-9252

**In Austin:** Jack & Adam's Bicycles, 512-472-5646

**In Houston:** Bikesport, 713-850-0250

**In Tyler, TX:** Tanner Bikes, 903-534-9998

**In Midland, TX:** Peyton's Bicycles, 915-699-1718

**In College Station, TX:** Aggieland Cycling 979-696-9490

**In San Angelo, TX:** Randy's Run & Bike Shop 325-655-1605

**In Abilene, TX:** Biketown, 325-677-2453

**4. There will be a mandatory pre-race meeting for all competitors a 6:45 AM on Saturday & Sunday, June 9 and 10<sup>th</sup> .**

5. This is a very strenuous athletic event. Competitors should be adequately trained and conditioned to safely complete this event. If you are sick or have not sufficiently trained for this event, you should consider withdrawing and not competing. **Further if during the race you become ill, dehydrated or dizzy, you should stop immediately and seek the assistance of a course volunteer.**

**7. \*\*\*\*\*ABSOLUTELY NO VEHICULAR TRAFFIC WILL BE PERMITTED IN LYNN CREEK PARK BETWEEN 6:30AM & 9:30AM. You must arrive and by parked by 6:30AM or you will not be allowed to park inside the Park area. Once your car is in, you will not be able to depart the area until 9:30AM. NO EXCEPTIONS!!!**

8. The races will begin at **7:15AM on BOTH Saturday & Sunday** with the waves to be determined on Wednesday **prior to race date** based on the number of entrants. **You will be given your wave assignment at packet pick-up.**

9. Finally, have a good, safe race. Let's race hard, but race friendly. Good sportsmanship is still the name of the game.

Yours In Sport,

Jack Weiss  
RACE DIRECTOR