

*Without the support of these
sponsors, this event would
not take place*

Ironhead Race Productions

C-Me Sports

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REACT

Richardson Bike Mart

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Clif Bars

Texas Motor Speedway

Runner Triathlete News

TriSwimmingCoach.com

Third Annual



*In memory of
Bronda Lynn Newton Starling
January 15, 1958-July 8, 2008*

**Texas Motor Speedway
Fort Worth, TX**

November 14, 2010



**PO Box 1113
Euless, TX 76039-1113**

2010 Bronda's Run/Bike Duathlon Official Entry Form

Bronda's Run/Bike Duathlon 2mi Run - 15mi Bike - 2mi Run

Last Name

First Name

Street

City State

Zip Code Sex M F

Phone

DOB (mm/dd/yy) Age(12/31/10)

email

Personal ChampionChip #

USAT Number

Clydesdale/Athena Weight

Relay Member (2-person teams only)

Last Name

First Name

Swim Bike Run M F

DOB (mm/dd/yy)

WHEN
8:30 am Sunday, November 14, 2010

WHERE
Texas Motor Speedway, Fort Worth, TX

AWARDS
1st Overall Male/Female, 1st Male/Female Masters,
1st Male/Female Grand Masters, 13-15, 16-19, 20-24,
25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64,
65-69, 70-74, 75-79, 80+, Clydesdale, Athena, Relay
Awards based on size of age group as of Monday of race week.

EARLY (DISCOUNT) ENTRY FEE
Thru October 30, 2010:
Individual \$45.00 Relay (2-person only) \$90.00

October 31-November 101, 2010:
Individuals \$55.00 Relay (2-person only) \$110.00

November 11-13, 2010 (at Packet Pick-up):
Individuals \$70.00 Relay (2-person only) \$140.00
ABSOLUTELY NO REFUNDS OR TRANSFERS
NO Race Day Registration or Packet Pick-up.

ALL PARTICIPANTS
Receive a distinctive Event T-shirt

CPSC Approved Bicycle Helmet REQUIRED



AREA HOTELS
Comfort Suites
801 Byron Nelson Blvd.
Roanoke, TX 76262 (817) 490-1455

PACKET PICKUP/LATE REGISTRATION
November 11: 1pm-6pm at Bicycles, Inc.
5937 SW Green Oaks Blvd
(SE corner of I-20/Green Oaks intersection)
Arlington, TX (817) 572-BIKE

November 12: 11am-6:30pm at
Richardson Bike Mart
1451 W. Campbell Rd.
Richardson, TX (972) 231-3993

November 13: 12pm-5pm at
Bicycles, Inc. of South Lake
101 Town Center Ln. Suite 109
Keller, TX (817) 379-2453

**USA Triathlon Fee payable
only at Packet Pickup**

Online Registration available at Ironhead
Race Productions Website

or

Make Checks Payable to:
Ironhead Race Productions
PO Box 1113, Euless, TX 76039-1113

| | |
|-----------------|------------|
| Office Use Only | Date Rcv'd |
| Chk# | Pkt Out |

**USA TRIATHLON
MEMBERSHIP**
This is a USA Triathlon
sanctioned event and all
participants must hold an
annual membership or a
single day permit.
Annual Fee \$39.00, One Day Permit \$10.00



**USAT Memberships are available at
packet pick-up only. Do not mail with
entry fee.**

Information Hotline: (817) 707-0500
On the web @ www.ironheadrp.com